

Pressrelease # 4

The fourth international meeting under the Grundtvig project “Ageing well: don’t hesitate, be active” was held in Athens, Greece from 16 to 19 October 2013. The topic of seniors’ presentations was „Going Around the City“. Presentations were made by the participants from Greece, Czech Republic, Lithuania, Poland, France, Romania, Bulgaria.

The Greek host surprised all the participants with dinner with the local seniors’ club. It was a time, full of emotions and exchange of experience, memories and positive emotions.

The cultural part of the visit included a guided tour around Acropolis Museum and coach trip to Vouliagmeni Lake. The new building of Acropolis museum is an imposing glass building full of historical artifacts, which impressed all the participants. After that the group visited Vouliagmeni (Greek: Βουλιαγμένη, meaning "sunken") - a seaside town and former municipality, 20 km south of Athens, Greece. Since the 2011 local government reform it is part of the municipality Vari-Voula-Vouliagmeni, of which it is a municipal unit. Vouliagmeni is among the most expensive areas of housing real estate in Greece and Europe. The Vouliagmeni beaches are consistently awarded the coveted EU blue flags for environmental excellence. All seniors were infatuated by the nature and quietness of the place.

