

Pressrelease # 3



The implementation of the Grundtvig project “Ageing well: don’t hesitate, be active” continued with an international meeting in Visaginas (Lithuania) from 3 to 6 July 2013. The agenda of the third project meeting was focused on the topic „Nature and Environment”. Presentations were made by participants from Lithuania, Poland, France, Romania, Bulgaria, Greece and Czech Republic. All the presentations accented on lots of pictures in order to present better their nature and to allow others to feel the spirit of special natural places in each partner country.

The partners also made a review of the project website: <http://projects.educapardubice.cz/llp/>. A mid-term evaluation and updating of work plan of the project were done.



The cultural part of the visit in Lithuania under the project included visit to the local museum of the Russian culture and traditional art and trip to Slyninkos Watermill.

The Lithuanian host surprised all the participants with an educational visit to the Slyninkos watermill for bread baking. It was some special kind of hour that linked participants with Russian culture and traditional way for bread-making.

Slyninkos Water Mill is a unique engineering heritage of more than three centuries with the authentic equipment. Mill is certainly worth to be seen. Mill is filled and equipped with necessary equipment: mills, stone, millstones, rolling machines, old wooden circle to lift the flour bags and other. In Slyninkos water mill it is stored an old nineteenth century rolling machine from Switzerland, with the rollers from porcelain. It is the only one rolling machine from porcelain in Lithuania. The millstones currently are powered by electricity, but in the near future it is planned to restore the water turbines and restore the ruined part of the mill from the side river Nikaja.

