



LLP- Grundtvig Partnership Project
**AGEING WELL: DON'T HESITATE, BE
ACTIVE!**

Meeting in Poland
14-17 November 2012

PROJECT PRESENTATION

Powered by EDUNET, ROMANIA



Grundtvig Learning Partnership
PROJECT: AGEING WELL: DON'T HESITATE, BE ACTIVE!





● OBJECTIVES

- Prevent retired people from social isolation and make them being active
- Support and boost their skills
- Introduce the contemporary life, culture and natural heritage of partner countries based on the presentations of seniors in an interactive way
- Learn them how to use modern tools for their hobbies, interests and communication with their children and peers
- Promote active citizenship and creativity of the target group
- Support volunteering
- Share experience in the field of non-formal seniors' education



EXPECTED RESULTS AND OUTCOMES



● LOCAL ACTIVITIES

- 1. Organizing courses:
 - (a) Organizing practical courses including different activities such as art lessons, photography, paintings etc. to support seniors' interests and hobbies and to stimulate their activity, creativity and cooperation;
 - (b) Organizing courses for improving seniors' ICT skills and knowledge which enable to use ICT skills practically in the frame of seniors' hobbies and interests:
 - (i) general using of computers
 - (ii) multimedia tools
 - (iii) using computer for communication.
 - (c) Organizing English courses/workshops as communication tool. Courses will focus on the vocabulary how to introduce and talk about hobbies and interests .



● LOCAL ACTIVITIES

- 2) Organization of hobby sessions prepared by senior participants to support volunteering (peer-teaching sessions/workshops). Voluntary senior-teacher will teach the other about one particular hobby or interest they do.
- 3) Active participation in project meetings. Each meeting deals with one topic and seniors are supposed to present their work. Partner organizations will supervise and help the target group to prepare for the project meeting performances.
- 4) Good practice and experience exchange. The training activities done in each country will be presented during the partners' meetings. The outputs will be gathered in the 'Good practices' booklet.



DISTRIBUTION OF TASKS

- **All partners:**

- Will cooperate on project management and conception of particular activities
- Will realize courses, supervision of seniors' work, encourage seniors' volunteering
- Will present particular activities and outputs
- Will organize monitoring, evaluation, assessment and dissemination of project on the national level
- Will organize one project meeting (host organizations) and prepare programme content in terms of accommodation, social activities etc.
- Will cooperate on the project outputs
- Will exchange of experience
- Will manage own finances and reporting to the NA
- Will conduct evaluation in their countries
- Will disseminate activities



DISTRIBUTION OF TASKS



COOPERATION AND COMMUNICATION

- At international level: installation of project management team (members: coordinator and at least one person from each partner member).
- At national level: local project teams and partners.
- Communication tools:
 - For project management team – mailing group, project meetings, Google apps., website
 - For local teams and structures – defined by each partner (mailing group, national website, local newsletters)
- Monitoring: - workplan (detailed workplan, high level workplan, milestones), project meetings, website, mailing group
- Evaluation: project meetings, evaluation forms on national and international level, regular reports
- Dissemination: website, local media, mailing list, social activities, virtual room of seniors' pieces of work, practice booklet



Partners' Meetings

- There are six meetings in two years project. Two meetings (kick-off and the final meeting) are for project coordinators and trainers (guidelines, methodology and experience exchange, evaluation, Good practice booklet) and four meeting are for the target group.
- Meeting general structure is:
 - Presentations and performances of the seniors
 - Activities for seniors (prepared by seniors)
 - Project monitoring (revision of project workplan)
 - Revision of evaluation and dissemination of the project
 - Revision of web tool content
 - Next steps
- Topics of seniors' meetings:
 - 1) Personal interests – senior will introduce their personal interests with the help of ICT tools
 - 2) Nature and environment – seniors will choose the tools how to present their local (country) natural and environmental heritage
 - 3) Going around the city – „City by seniors' eyes“ – seniors participating in the meeting will go around the host city/town and make their own pictures. All seniors will present and compare they insights and perspectives
 - 4) Cultural life of my place - stories /reports about cultural events/celebrations in partners' places



Evaluation

- At the international level:

- project guidelines (prepared by the coordinator)
- project high level workplan with milestones
- monitoring detailed workplan for specific periods of 1st and 2nd years (october-january; february-june, july-september)
- project meetings
- evaluation form for project partners after 1st and 2nd year

- At the national level:

- Questionnaires for learners and staff after the 1st and 2nd year
- Local media adverts , articles etc
- project meetings
- interim reports



DISSEMINATION

OBJECTIVES

- Using the new experience and good practice in the learning process
- enrichment of the organizations by new participants
- broadening the international approach of the organization

Tools:

In the participating organizations:

All information will be presented in local media, open-door days, in cooperating institutions, The project logo with a link to the website of the project will be put on the organizations websites. The organizations will create a section on their websites where they will post information about the project and its products.

In the local communities:

- the web tool for dissemination of seniors' work
- local activities
- local exhibitions

In the wider lifelong learning community:

- Project web page as tool for ongoing contacts and exchange of experience
- Good practice booklet
- Seniors' virtual room
- A newsletter each after each stage of the activity will be made



PARTICIPANTS' INVOLVEMENT

- The learners will be involved in:

Implementation:

- a) educational process – participation in hobby and ICT courses
- b) participation in senior voluntary teaching
- b) creation of project outputs (pieces of work for the Virtual room)
- c) participation in meetings, preparation and presentations of their work
- c) preparation of social programme for the meetings (host seniors to guest seniors)

- **Planning:**

- a) commenting on the project idea and activities and their „co-shaping“ (e.g. seniors suggested the form of voluntary teaching - form of short-term courses and particular sessions/workshops).

Monitoring:

- a) participation in evaluation of the education activities on the national level (each organization will have their own evaluation and will report about the results)
- b) participation in meeting evaluation (international level)



Thank you for your attention!

Victor Dudau



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